

SET MENU'S

THE SZECHUEN FEAST

(minimum for two or more £13.50 per person)

BANG BANG CHICKEN

HOT AND SOUR SOUP

CRISPY AROMATIC DUCK

SZECHUEN SHREDDED BEEF WITH CHILLI

PRAWNS WITH SWEET AND SPICY SAUCE

SZECHUEN DICED CHICKEN WITH GREEN PEPPERS

EGG FRIED RICE

PRAWN CRACKERS

THE PEKING FEAST

(minimum for two or more £13.50 per person)

CRISPY WON TON

SMOKED SHREDDED CHICKEN WITH SEAWEED

SPARE RIBS (PEKING STYLE)

CRISPY AROMATIC DUCK

CHICKEN WITH BLACK BEAN SAUCE

KING PRAWN WITH SWEET & SOUR SAUCE

FRIED MIXED VEGETABLE

EGG FRIED RICE

PRAWN CRACKERS

SPECIAL RECOMMENDATION

(minimum for two or more £13.50 per person)

SMOKED CHICKEN WITH SEAWEED

BANG BANG CHICKEN

SPARE RIBS (Peking Style)

SESAME PRAWN ON TOAST

CRISPY AROMATIC DUCK

BEEF WITH BLACK BEAN SAUCE

KUNG PO PRAWNS WITH CHILLI SAUCE

LEMON CHICKEN

EGG FRIED RICE

PRAWN CRACKERS

FOUR PEOPLE OR MORE WE ADD

SPICY PORK WITH CASHEWNUITS

FRIED MIXED VEGETABLES

CHEF'S SPECIAL

(minimum for two or more £13.50 per person)

SALT BAKED PRAWNS WITH PEPPER

CRISPY SEAWEED

SATAY CHICKEN ON SKEWERS

KING PRAWN ON TOAST

CRISPY AROMATIC DUCK

CHICKEN WITH SWEET AND SPICY SAUCE

SLICED PORK WITH BLACK BEAN SAUCE

SHREDDED BEEF WITH CHILLI

EGG FRIED RICE

PRAWN CRACKERS

£11 SET MENU

(minimum for two or more £11.00 per person)

PRAWN CRACKERS

SPARE RIBS PEKING STYLE

PRAWN ON TOAST

SHREDDED CHICKEN WITH SEAWEED

VEGETARIAN PANCAKE ROLLS

SWEET AND SOUR PORK

CHICKEN WITH LEMON SAUCE

BEEF WITH BLACK BEAN SAUCE

FRIED MIXED VEGETABLES

EGG FRIED RICE

PRAWN CRACKERS

FOUR PEOPLE OR MORE WE ADD

CHICKEN AND PRAWN WITH GINGER

AND SPRING ONION

CHICKEN FRIED NOODLES

Please Note: there will be an additional charge of 50p per item if alterations are made to the set menu's

OPENING HOURS:

Mon - Sat: Midday - 2.30pm - 6.00pm - 11.00pm

Sunday Open All Day

A TAKE-AWAY SERVICE NOW DELIVERING TO YOUR AREA

(please ring for details - Minimum Order £20 for free delivery)

CASH ONLY on delivery - we accept credit card
when collecting from the restaurant

Prices may vary without prior notice
at the managers discretion

TAKE-AWAY MENU



Man Ho

chinese restaurant

**Authentic Cantonese
& Peking Cuisine**

Telephone: 01582
723366 / 724688

FREE DELIVERY

£20 min. order



www.manholuton.co.uk

APPETIZERS

Prawn Crackers	£1.50
Deep Fried "Seaweed"	£3.00
Vegetarian Spring Rolls (3) <i>(Vegetarian)</i>	£3.00
Lamb Spring Rolls (3)	£4.20
Bang Bang Chicken <i>(Cold)</i>	£4.00
Seasame Prawn on Toast	£4.00
Satay Chicken	£4.50
Deep Fried Hors D'Oeuvres <i>(Min. 2 people) . . . (per person)</i>	£4.50
Spare Ribs <i>(Peking Style)</i>	£4.80
Salt Baked Mushrooms	£3.80
Smoked Chicken with Seaweed	£4.50
Salt Baked Chicken Wing and Pepper	£4.50
Salt Baked Green Shell Mussels	£4.20
Salt Baked Spare Ribs and Pepper	£4.80
Salt Baked King Prawn and Pepper	£5.00
Green Shell Mussels with Thai Chilli Sauce	£4.20
Green Shell Mussels with Black Bean Sauce	£4.20
Salt Baked Squid and Pepper	£5.00
Salt Baked Soft Shell Crab (2)	£7.20
Crispy Mongolian Lamb	£8.50
<i>(served with pancakes, spring onion and cucumber)</i>	
Crispy Aromatic Duck	<i>(Quarter)</i> £8.50
<i>Served with Pancake, Onion and Cucumber</i>	<i>(Half)</i> £13.50
	<i>(Whole)</i> £25.00

SOUP'S

Chicken and Sweetcorn Soup	£2.80
Hot and Sour Soup	£2.80
Won Ton Soup	£2.80
Thai Chicken Soup	£2.80
Thai Seafood Soup	£3.50

CURRY DISHES

Curried Chicken	£5.00
Curried Beef	£5.00
Thai Green Curry with Chicken	£5.00
Curried King Prawn	£5.50
Curried Mixed Meat	£6.00
Thai Red Curry with Duck	£6.00
Curried Lamb <i>(Hot)</i>	£6.50

SWEET & SOUR SELECTION

Sweet and Sour Pork "Hong Kong Style"	£4.90
Sweet & Sour Chicken "Hong Kong Style"	£4.90
Sweet & Sour Chicken Balls	£4.90
Sweet & Sour King Prawn "Hong Kong Style"	£5.50
Sweet & Sour King Prawn Balls	£5.50
Sweet and Sour Fish "Hong Kong Style"	£6.00

MEAT DISHES

Char Shui (Roast Pork)	£4.80
Diced pork <i>with cashewnuts and yellow bean sauce</i>	£4.80
Shredded Beef with Chilli	£5.00
Fried Beef with Black Bean Sauce	£5.00
Fried Beef with Broccoli and Vegetable	£5.00
Fried Beef with Mushroom	£5.00
Beef with Thai Basil in Sweet Chilli Sauce	£5.00
Beef with Spring Onion and Ginger	£5.00
Fried Lamb with Spring Onion and Ginger	£5.50
Sliced Lamb with Thai Basil in Sweet Chilli Sauce	£5.50
Fillet Steak "Cantonese Style"	£9.80
Fillet Steak with Black Pepper Sauce	£9.80

POULTRY DISHES

Chicken with Cashewnuts and Yellow Bean Sauce	£4.80
Chicken with Green Pepper	£4.80
Chicken with Spring Onion and Ginger	£4.80
Sliced Chicken with Mange-Tout	£4.80
Sliced Chicken in Lemon Sauce	£4.80
Sliced Chicken in Black Bean Sauce	£4.80
Fried Chicken with Mushroom	£4.80
Sliced Chicken with Thai Basil in Sweet Chilli Sauce	£5.00
Chicken with Crispy Beansprouts	£4.50
"Thai Ching" Chicken with Fresh Chilli <i>(Hot)</i>	£5.00
Roast Duck	£6.00
Sliced Duck with Thai Basil in Sweet Chilli Sauce	£6.00

SEAFOOD DISHES

Fried Squid with Black Bean Sauce	£5.50
Quick-Fried King Prawn with Mange-Tout	£5.50
Quick-Fried King Prawn with Cashewnuts	£5.50
Kung Po King Prawn with Chilli <i>(Mild/Hot)</i>	£5.50
Fried King Prawn with Black Bean Sauce	£5.50
King Prawn with Thai Basil & Sweet Chilli Sauce	£5.50
"Thai Ching" King Prawn with Fresh Chilli <i>(Hot)</i>	£5.50
Sliced Fish with Thai Spicy Sauce	£6.00
Sliced Fish with Broccoli	£6.00
Assorted Seafood with Black Bean Sauce	£6.50
Quick-Fried Assorted Seafood with Ginger & Spring Onion	£6.50

VEGETABLE DISHES

Crispy Beansprouts	£3.00
Stir-fried Mixed Vegetables	£4.00
Stir-fried Mixed Vegetables with Thai Spicy Sauce	£4.00
Aubergine with Black Bean Sauce	£4.00
Aubergine with Thai Spicy Sauce	£4.00
Fried Broccoli with Bamboo Shoots and Mushrooms	£4.00
Fried French Beans with Chilli	£4.00
Pak Choi with Garlic Sauce	£4.00
Spicy Bean Curd with Cashew Nuts	£4.00
Bean-curd with Bamboo Shoots and Mushrooms	£4.00
Vegetarian "Thai Ching Chicken" with Chilli	£4.50
Vegetarian "Chicken with Sweet and Spicy Sauce"	£4.50

RICE AND NOODLE DISHES

Boiled Rice	£2.20
Fried Rice with Egg	£2.80
Special Fried Rice	£4.50
Shrimp Fried Rice	£4.50
Chicken Fried Rice	£4.50
Singapore Fried Rice	£4.50
King Prawn Fried Rice	£5.50
Fried Noodles with Bean Sprouts	£3.80
Stir-fried Chicken with Noodles	£4.50
Singapore Fried Noodle	£4.50
Stir-fried Mixed Vegetable Noodles	£4.50
Vegetarian Singapore Noodles	£4.50
Stir-fried Beef with Noodles	£4.80
Stir-fried Mixed Meat Noodles	£4.80
King Prawn Fried Noodles	£5.50
Chips	£2.00
Sweet and Sour Sauce	£2.00
Curry Sauce	£2.00