




























前菜 APPETISERS

	豬或雞鍋貼 (煎/蒸)	Vegetable, Pork or Chicken Dumplings	£8.50
  	大蝦多士	Sesame Prawn on Toast	£7.90
  	吉列大蝦	Deep Fried King Prawns with Bread Crumbs	£8.90
	香脆紫菜	Deep Fried Seaweed (V)	£7.50
  	香辣雞翼	Spicy Chicken Wings	£8.50
 	煙薰雞配紫菜	Smoked Shredded Chicken with Seaweed	£8.90
	春捲 (羊/鴨)	Spring Rolls (Vegetables, Lamb or Duck)	£8.50
	京都排骨	Peking Style Spare Ribs	£8.50
 	沙嗲串燒 4 串	Barbeque Satay Skewers (Chicken, Beef, Lamb or Pork)	£7.90
  	椒鹽 (雞翼)	Salt & Pepper with Chilli	Chicken Wings £12.50
	椒鹽 (蘑菇/豆腐)		Mushroom or Tofu £8.50
	椒鹽 (大蝦)		King Prawn £9.50
	椒鹽軟殼蟹 2 隻		Softshell Crab £12.50
	椒鹽鮮魷		Squid £9.50

冷盤 COLD DISH

	棒棒雞 (冷盤)	Bang Bang Chicken (Cold)	£7.90
  	涼拌東風螺	Whelk Shell with Tomatoes and chilli Vinaigrette	£8.90
 	尖椒皮蛋	Fermented Egg with Garlic Chilli Vinaigrette	£8.90
 	涼拌海蜆	Jelly Fish with Garlic Sichuan Pepper Sauce	£10.50
	棒棒沙律	Bang Bang Salad with Pickle Cabbage and Cucumber	£8.50
 	花椒帶子刺身	Scallop Carpaccio with Citrus Sichuan Pepper Sauce	£10.50

湯 SOUP

	粟米雞湯	Chicken Sweetcorn Soup	£6.50
   	酸辣湯	Hot and Sour Soup	£6.50
  	蝦雲吞湯	Prawns Wonton Soup	£5.50
  	蔬菜冬陰公湯	Vegetarian Tom Yum Soup	£5.50
 	冬陰公雞肉湯	Chicken Tom Yum Soup	£5.50
  	冬陰公大蝦湯	King Prawn Tom Yum Soup	£6.90

 Gluten  Egg  Nuts  Moluscs  Crustaceans  Spicy

FOOD ALLERGY NOTICE

Please inform our team if you have any allergy or dietary requirements

#all price are subject to VAT

#discretionary service charge included



PHOTO MENU



精選菜式 MAN HO SIGNATURE




	萬好精選拼盤 2位起 (椒鹽大蝦, 椒鹽雞, 京骨, 大蝦多士)	Man Ho Signature Platter <i>Minimum Order For Two</i>	£9.90pp
	香脆蒙古羊肉 (配煎餅, 大蔥和青瓜)	Crispy Mongolian Lamb (Served with Pancakes, Spring Onion and Cucumber)	£14.90
	香酥鴨 (配煎餅, 大蔥和青瓜)	Crispy Aromatic Duck (Served with Pancakes, Spring Onion and Cucumber)	
		1/4隻 Quarter	£14.90
		半隻 Half	£22.50
		全隻 Whole	£35.00
	叉燒	Char Siu (Roast Pork)	£8.90
	燒豬	Golden Roast Pork Belly (2 days advance notice require)	£9.50
	燒鴨	Roast Duck	£11.90

陸地 LAND

豬 PORK

	咕嚕肉	Sweet & Sour Pork "Hong Kong Style"	£8.90
	麻婆豆腐	Mapo Tofu (Minced Pork, Bean Curd Spicy Sauce)	£13.90
	沙嗲豬肉	Sliced Pork with Satay Sauce	£9.90
	腰果炒豬肉	Sliced Pork with Cashew Nuts in Yellow Bean Sauce	£9.90
	椒鹽豬扒	Salt & Pepper Pork Loin	£10.90
	回鍋肉	Double Cooked Pork Belly Sichuan Style	£13.50
	魚香茄子	Spicy Eggplants with Minced Pork	£13.50

鴨 DUCK

	菠蘿炒燒鴨	Roast Duck with Pineapple	£11.90
	梅子鴨	Roast Duck with Plum Sauce	£9.90
	豉椒炒燒鴨	Roast Duck with Black Bean Sauce	£9.90

 Gluten  Egg  Nuts  Moluscs  Crustaceans  Spicy

FOOD ALLERGY NOTICE

Please inform our team if you have any allergy or dietary requirements

#all price are subject to VAT

#discretionary service charge included



PHOTO MENU



陸地 LAND

雞 CHICKEN (HALAL)

	咕嚕生炒雞	Sweet & Sour Chicken "Hong Kong Style"	£8.90
 	宮保雞丁	Chicken with Kung Po Chilli Sauce	£9.90
	三杯雞	Sanbeiji	£14.90
	檸檬雞肉	Chicken with Lemon Sauce	£9.90
 	咖喱雞肉 (黃/青/紅)	Chicken Curry (Yellow / Green / Red Curry)	£9.90
 	豆瓣腰果雞	Chicken with Cashew Nuts and Yellow Bean Sauce	£10.50
 	"大千"雞	"Tai Ching" Chicken with Fresh Chilli	£9.90
 	重慶辣子雞	Chong-Qing Spicy Chicken	£14.90
 	四川雞肉	Chicken with Green Pepper & Sichuan Sauce	£9.90
 	泰式雞肉	Chicken with Thai Basil & Sweet Chilli Sauce	£8.90

牛 BEEF (HALAL)

 	香辣牛絲	Shredded Beef with Chilli	£9.90
 	黑椒牛肉	Sliced Beef with Black Pepper Sauce	£9.90
 	四川牛肉	Sliced Beef with Green Pepper & Sichuan Sauce	£8.90
	薑蔥牛肉	Sliced Beef with Ginger and Spring Onion	£9.90
 	咖喱牛肉 (黃/青/紅)	Beef Curry (Yellow / Green / Red Curry)	£8.90
	豉椒牛肉	Beef with Black Bean Sauce	£9.90
	鐵板中式牛柳	Sizzling Fillet Steak "Cantonese Style"	£17.90

羊 LAMB (HALAL)





 	咖喱羊肉 (黃/青/紅)	Lamb Curry (Yellow / Green / Red Curry)	£14.50
 	泰式羊肉	Sliced Lamb with Thai Basil & Sweet Chilli Sauce	£9.50
	孜然羊肉	Ji-Yin Lamb with Spicy Cumin	£14.50
	鐵板薑蔥羊肉	Sizzling Lamb with Ginger and Spring Onion	£14.50



PHOTO MENU

 Gluten  Egg  Nuts  Molluscs  Crustaceans  Spicy

FOOD ALLERGY NOTICE

Please inform our team if you have any allergy or dietary requirements

#all price are subject to VAT















#discretionary service charge included



海鮮 SEAFOOD

	豉椒炒鮮魷	Squid with Black Bean Sauce	£10.50
 	豉椒炒青口	Mussels with Black Bean Sauce	£12.50
	西蘭花炒大蝦	King Prawn with Broccoli	£10.50
	蘑菇炒大蝦	King Prawn with Mushroom	£12.50
	腰果大蝦	King Prawn with Cashew Nuts	£10.50
	蕃茄大蝦	King Prawn with Fresh Tomato	£10.50
  	宮保大蝦	King Prawn with Kung Po Chilli Sauce	£12.50
  	"大千"蝦	"Tai Ching" King Prawn with Fresh Chilli	£10.50
 	泰式大蝦	King Prawn with Thai Basil & Sweet Chilli Sauce	£12.50
 	咕嚕生炒大蝦	Sweet and Sour King Prawn "Hong Kong Style"	£10.90
 	煎釀三寶	Three stuffed treasures with Shrimp Paste (Eggplant, Bell Pepper, Bean Curd)	£14.90
 	琵琶豆腐	Pipa Tofu with Shrimp Paste	£16.90
	薑蔥(蒸/煎)爐魚	(Steamed or Wok Fry) Sea Bass Fillet with Spring Onion, Ginger and Soya Sauce (2 Pieces)	£17.90

精選海鮮 SIGNATURE SEAFOOD

 	蒜蓉粉絲蒸扇貝	Steamed Scallop with Ginger, Scallions and Vermicelli	£15.50
 	清蒜龍蝦	Steamed Lobster Cantonese Style	MP
  	芝士龍蝦伊麵	Cheese baked lobster with Yi-Mein Noodles	MP
	是日精選	Steamed or Grilled Catch of the Day	MP
 	蒜蓉蒸聖子	Steamed Razor Clams with Ginger, Scallions and Vermicelli	£15.50
 	豉椒炒蜆	Wok Fry Clams with Chilli and Black Bean Sauce	£15.50
 	黃金蝦	Golden King Prawn with Salted Egg Puree	£13.50

All Signature Seafood are subject to availability,
5 days Pre-order is recommended
(MP = Market Price)



PHOTO MENU

 Gluten  Egg  Nuts  Molluscs  Crustaceans  Spicy

FOOD ALLERGY NOTICE

Please inform our team if you have any allergy or dietary requirements

#all price are subject to VAT

#discretionary service charge included



素食 VEGETABLES

	豆腐西蘭花	Bean Curd with Broccoli	£9.50
	豉椒茄子	Aubergine with Black Bean Sauce	£9.50
 	泰式青咖哩什菜	Thai Green Curry with Mixed Vegetable	£8.90
	蒜蓉炒白菜	Pak Choi with Garlic	£9.50
	炒什菜	Stir-Fried Mixed Vegetables	£6.80
	西蘭花竹筍炒蘑菇	Stir-Fried Broccoli, Bamboo Shoots and Mushroom	£8.50
 	炒長豆	Stir-Fried French Beans with Chilli and Garlic Sauce	£8.50
	腰果豆腐	Bean Curd with Cashew Nuts in Yellow Bean Sauce	£8.50
	羅漢齋	Lo-Han Stir-Fried Mix Vegetables	£8.50

精選海鮮 RICE & NOODLES

飯 RICE

 	揚州炒飯	Yang-Chow Fried Rice	£8.50
  	星加坡炒飯	Singapore Fried Rice	£8.90
 	馬來菠蘿炒飯	Malaysian Pineapple Fried Rice	£8.90
	雞肉炒飯	Chicken Fried Rice	£8.50
 	大蝦炒飯	King Prawn Fried Rice	£10.50
	蛋炒飯	Egg Fried Rice	£4.80
	白飯	Boiled Rice	£4.00

麵 NOODLE

	芽菜炒麵	Beansprouts Chow Mein	£7.50
   	星洲炒米	Stir-Fried Singapore Vermicelli	£8.90
	乾炒牛河	Stir-Fried Beef Ho Fun	£10.90
	豉椒炒牛河	Stir-Fried Beef Ho Fun with Black Bean Sauce	£12.50
	肉絲炒麵底	Char Siu Pork with Crispy Noodle	£9.50
	雪菜鴨絲炆米	Braised Vermicelli with Duck and Sauteed Cabbage	£13.90

 Gluten  Egg  Nuts  Molluscs  Crustaceans  Spicy

FOOD ALLERGY NOTICE

Please inform our team if you have any allergy or dietary requirements

#all price are subject to VAT

#discretionary service charge included









PHOTO MENU










素食餐牌 VEGETARIAN MENU







素雞肉 VEGGIE CHICKEN

 	素雞泰式青咖喱	Veggie Chicken Thai Green Curry	£9.90
	咕嚕生炒素雞	Sweet and Sour Veggie Chicken "Hong Kong Style"	£9.90
 	“大千”素雞	“Tai Ching” Veggie Chicken with Fresh Chilli	£9.90
	檸檬素雞	Veggie Chicken with Lemon Sauce	£9.90

素牛肉 VEGGIE BEEF

	豉椒素牛	Veggie Beef in Green Pepper and Black Bean Sauce	£9.90
 	四川素牛	Veggie Beef with Green Pepper & Sichuan Sauce	£9.90
 	香辣素牛	Shredded Veggie Beef with Chilli	£9.90
 	鐵板黑椒素牛	Sizzling Veggie Beef in Black Pepper suace	£9.90

素蝦 VEGGIE PRAWN

	咕嚕生炒素蝦	Sweet and Sour Veggie Prawn "Hong Kong Style"	£9.90
 	宮保素蝦	Veggie Prawn with Kung Po Chilli Sauce	£9.90
 	素蝦咖喱	Veggie Prawn Curry	£9.90
	西蘭花炒素蝦	Veggie Prawn with Broccoli	£9.90

免麥素肉 GLUTEN FREE VEGGIE MEAT

	鐵板中式免麥素肉	Sizziling Gluten Free Veggie Meat "Cantonese Style"	£9.90
	“大千”免麥素肉	“Tai Ching” Gluten Free Veggie Meat with Fresh Chilli	£9.90
	免麥素肉泰式紅咖喱	Gluten Free Veggie Thai Red Curry	£9.90
	菠蘿炒免麥素肉	Gluten Free Veggie Meat with Pineapple	£9.90
	薑蔥免麥素肉	Gluten Free Veggie Meat with Ginger and Spirng Onion	£9.90



PHOTO MENU

 Gluten  Egg  Nuts  Molluscs  Crustaceans  Spicy

FOOD ALLERGY NOTICE

Please inform our team if you have any allergy or dietary requirements

#all price are subject to VAT

#discretionary service charge included



套餐 SET MENU

特別建議套餐

SPECIAL RECOMMENDATION

£28 Per Person (Minimum for two or more guests)

頭盤

棒棒雞, 京都排骨
大蝦多士, 煙薰雞配紫菜

STARTER

Bang Bang Chicken, Spare Ribs Peking Style,
Sesame Prawn on Toast, Salt and Pepper Smoked Chicken,

中盤

香酥鴨
(配煎餅, 大蔥和青瓜)

SECOND COURSE

Crispy Aromatic Duck
(Served with Pancakes, Spring Onion and Cucumber)

主菜

鐵板豉椒牛肉
檸檬雞肉
宮保大蝦
蛋炒飯
(四位以上另加菜色)
腰果炒豬肉
炒什菜

MAINS

Sizzling Beef with Black Bean Sauce
Chicken with Lemon Sauce
King Prawn with Kung Po Chilli Sauce
Egg Fried Rice
(Additional dishes for 4 or more guests)
Sliced Pork with Cashew Nuts in Yellow Bean Sauce
Stir-Fried Mixed Vegetables

萬好喜愛套餐

MAN HO FAVOURITES

£28 Per Person (Minimum for two or more guests)

頭盤

燒汁排骨, 迷你素春捲, 大蝦多士
沙嗲雞串燒, 煙薰雞配紫菜

STARTER

BBQ Ribs, Mini Vegetarian Spring Rolls, Sesame Prawn on Toast
Satyay Chicken on Skewers, Salt and Pepper Smoked Chicken,

中盤

香酥鴨
(配煎餅, 大蔥和青瓜)

SECOND COURSE

Crispy Aromatic Duck
(Served with Pancakes, Spring Onion and Cucumber)

主菜

鐵板豉椒牛肉
咕嚕生炒雞
叉燒
蒜蓉炒長豆西蘭花
蛋炒飯

MAINS

Sizzling Beef with Black Bean Sauce
Sweet and Sour Chicken Hong Kong Style
Char Siu (Roast Pork)
French Beans and Broccoli and Garlics
Egg Fried Rice

(所有套餐包甜品) (ALL SET SERVED WITH DESSERT)



Gluten



Egg



Nuts



Moluscs



Crustaceans



Spicy



PHOTO MENU

FOOD ALLERGY NOTICE

Please inform our team if you have any allergy or dietary requirements

#all price are subject to VAT

#discretionary service charge included

